








Natural Solution

To Diabetes Liver and Heart



	Purobest	Purobest	Purobest
 Product Name	Milk Thistle SPX 500, 500 mg of Silymarin std from Milk Thistle	Curcu LPX 2500, 2500 mg of 95% Curcuminoid	OMEGA-3 SPX 900, 900 mg of Total = EPA (540 mg) + DHA(360 mg) and 355 mg of other Omega 3 fatty
	Shield your liver with powerful antioxidant, anti-inflammatory, and detoxifying silymarin	Empowering Metabolic and Cardiovascular Health	Modulating Inflammation & Fibrosis for Optimal Cardiovascular & Metabolic Health.
 Main Action	Silymarin's protective effect in cirrhosis involves modulating NF-κB signaling and reducing inflammatory gene expression. It protects liver cells by quenching free radicals , stopping inflammation , and boosting regeneration . Its effectiveness is evidenced by decreased liver enzymes and improved outcomes in chronic liver diseases .	Curcumin improves insulin sensitivity , likely through AMPK and PPARγ signaling pathways, while reducing triglycerides, potentially via PPARα activation. It also delays T2DM in prediabetics by potentially enhancing β-cell function and insulin sensitivity. Curcumin also improves heart health in T2DM patients by potentially boosting antioxidant capacity , lowering oxidative stress , and upregulating PPAR-γ.	Omega 3 improves lipid metabolism potentially via PPAR α and LXR signaling pathways, lowering triglycerides and VLDL-C. It also improves heart function in ischemic HF patients by potentially modulating inflammation (hsCRP, ST2) and fibrosis pathways alongside enhancing endothelial function, suggesting multi-pronged benefits via gene signaling.
 Specific benefits	Modulate NF-κB, reduce inflammation and liver injury markers , repair liver cells and help in regeneration .	Improves insulin sensitivity , reduces triglycerides and improves heart health	Improves lipid metabolism , lowers triglyceride levels, improves heart health.
 When to Prescribe	Liver disorders, particularly liver cirrhosis , liver inflammation and hepatitis .	For patients with heart diseases	Diabetic patients and patients with cardiovascular disorders for better health.
 Major Contraindications	Not recommended for individuals with severe bleeding disorders or severe gastric issues .	Not recommended for individuals with severe bleeding disorders or severe gastric issues .	Not recommended for individuals with severe bleeding disorders or severe gastric issues .
 Dosage	1 Capsule OD	Half Sachet OD diluted in 300 ml of water and taken over 15-30 minutes	1 Softgel OD