





## Empowering Orthopedic Care Through Nature's Precision


Ease the Squeeze: Nourish Your Joints and Bones with Omega 3 SPX 900 & Genistein SPX 250 ie Genistein SPX 250


### Purobest - Omega-3 SPX 900, 900 mg of Total = EPA(540 mg) + DHA(360 mg) and 355 mg of other Omega 3 fatty

Your Nutraceutical Support for Targeted Osteoarthritis and Rheumatoid Arthritis Relief.

 **Main Action:** Omega-3s reduce **pro-inflammatory signals** like NF-κB and COX-2, suppressing the production of inflammatory cytokines like IL-1 and TNF-α. Omega-3s dampen inflammation through specialized pro-resolving mediators like resolvins and protectins, promoting **tissue repair** and **inhibiting leukocyte infiltration**.

 **Specific benefits:** It reduces **inflammation**, promotes **tissue repair**, and **inhibits pain-causing cytokines**, ensuring targeted pain relief and improved joint health.


 **When to Prescribe:** Recommended for patients with **osteoarthritis and rheumatoid arthritis** for pain relief.


 **Major Contraindications:** Not recommended for individuals with severe **bleeding disorders** or severe **gastric issues**.


 **Dosage:** 1 Softgel OD


### Purobest - Genistein SPX 250, 250 mg of std to 98% Genistein


Your Nutraceutical Ally for Optimal Bone Health.

 **Main Action:** Genistein mimics **estrogen** by activating ERβ and p38MAPK/Runx2 pathways, stimulating osteoblast activity and bone formation. It also inhibits **osteoclast formation** and **bone resorption** through upregulating OPG and blocking NF-κB signaling, mirroring alendronate's effects.


 **Specific benefits:** It offers a dual-action advantage by promoting **osteoblast activity** for enhanced **bone formation**, while inhibiting **osteoclast formation** and **resorption**, making it an optimal choice for patients with osteoporosis.


 **When to Prescribe:** Recommended for patients with **osteoporosis** for better outcomes.


 **Major Contraindications:** Not recommended for individuals with severe **bleeding disorders** or severe **gastric issues**.

 **Dosage:** 1 Capsule OD

Elevate Ortho Health with Omega-3 SPX 900 and Genistein SPX 250.  
Prescribe with Confidence.

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